

# Leadership Growth Plan

- Social And Emotional Learning



S E L



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# *Leader: change agent*

*I would like to invite you:*

*To question our professional practice*

*To open our minds*

*To improve the resiliience*

*To be better teachers: be the better than you can*

*To work with...*

**THERE IS AN INCREDIBLE STORY BEHIND EACH FACE**

# What?



TO BUILD A HAPPY COMMUNITY

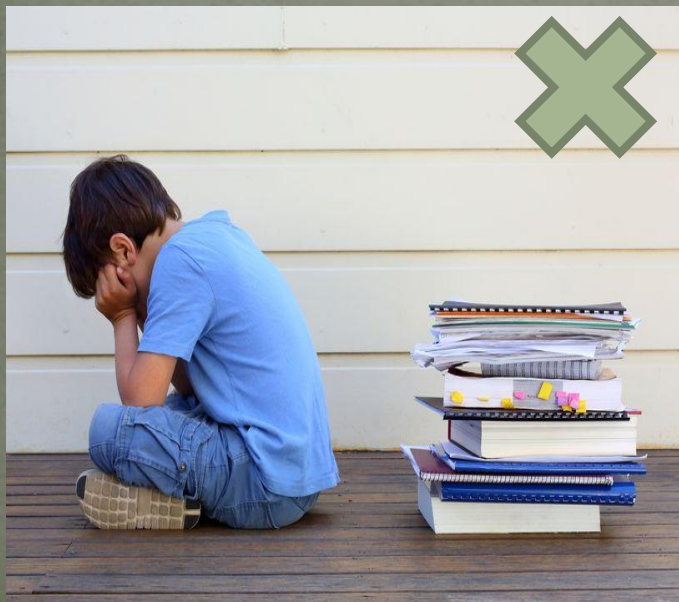
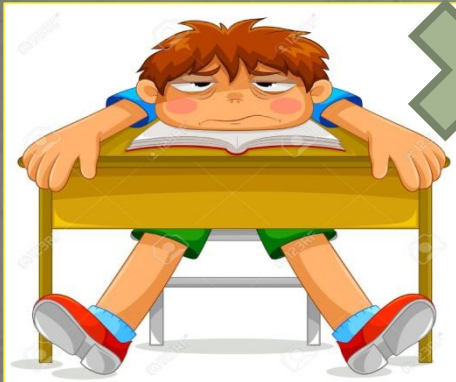


TO CREATE AN INCLUSIVE CLIMATE



TO PREVENT CONFLICTS

## HOW CAN I ENGAGE AND MOTIVATE STUDENTS?



The more emotional intelligence you have,  
the more successful you are (Goleman)

rationale

Core  
competencies:  
personal and  
social

What We  
Learn  
BECOMES A PART OF  
WHO WE  
ARE

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Future citizens are in our classrooms

# We need...



<https://www.youtube.com/watch?v=LhVgtUgrDcY>

Self-regulation

empathy

Self-confidence

SELF-ESTEEM

inclusion

team

**Self-awareness:** Recognise and understand your moods and emotions.

*self-confidence*

*self-assessment*

**Self-regulation:** Control or redirect disruptive moods, think before acting. *Openness to change*

**Empathy:** Understand the emotional make-up of other people. *Treating people according to their emotional reactions*

**Social skills:** solve conflicts, building community  
*persuasiveness*

**Motivation:** find your IKIGAI. *Why do you wake up?*



Life is 10% what  
happens to us  
and 90% how we  
react to it.

**So what?**  
**Now what?**

# •Creating



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Identifying your strenghts  
Identifying others' strenghts

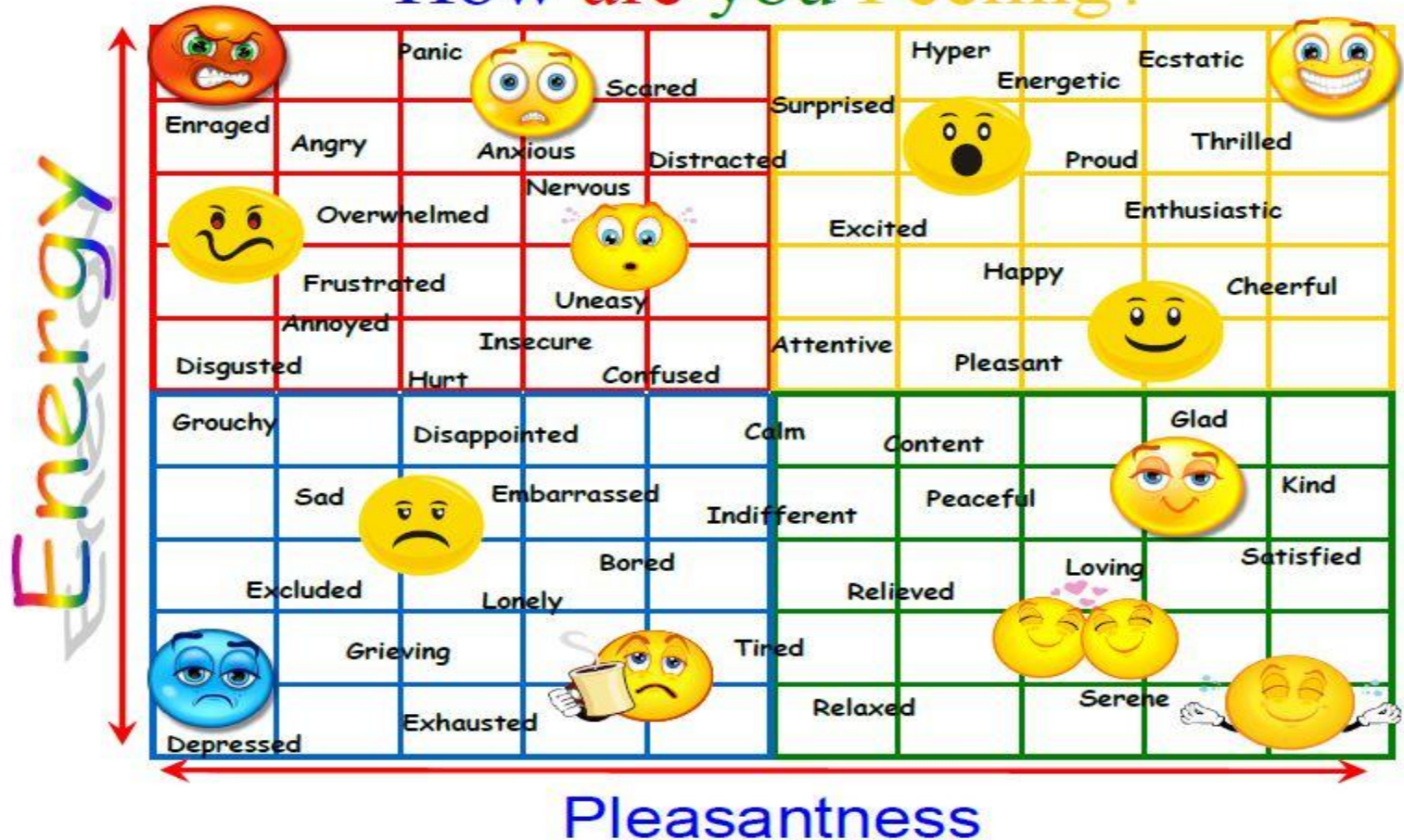
**Share them**

[http://www.anaferra.com/Mensajes/Variados/El equipo en la selva.htm](http://www.anaferra.com/Mensajes/Variados/El_equipo_en_la_selva.htm)

*Students and staff*

# •How do yo feel today?

## How are you Feeling?





ΤΑ  
ΑΠΟΤΕΛΕΣΜΑΤΑ  
ΤΗΣ  
ΠΡΟΣΠΑΘΕΙΑΣ

WHICH STEP HAVE YOU REACHED TODAY?

- ♥ IDENTIFYING YOUR FEELINGS
- ♥ LEARNING HOW TO EXPRESS YOURSELF
- ♥ PREVENT CONFLICTS
- ♥ DEVELOPING SELF-CONTROL
- ♥ PROMOTING SOCIAL-SKILLS














<https://psicodiagnosis.es/areaespecializada/tecnicasdeintervencion/trabajando-la-inteligencia-emocional-en-clase/index.php>

**How I can solve conflicts?**



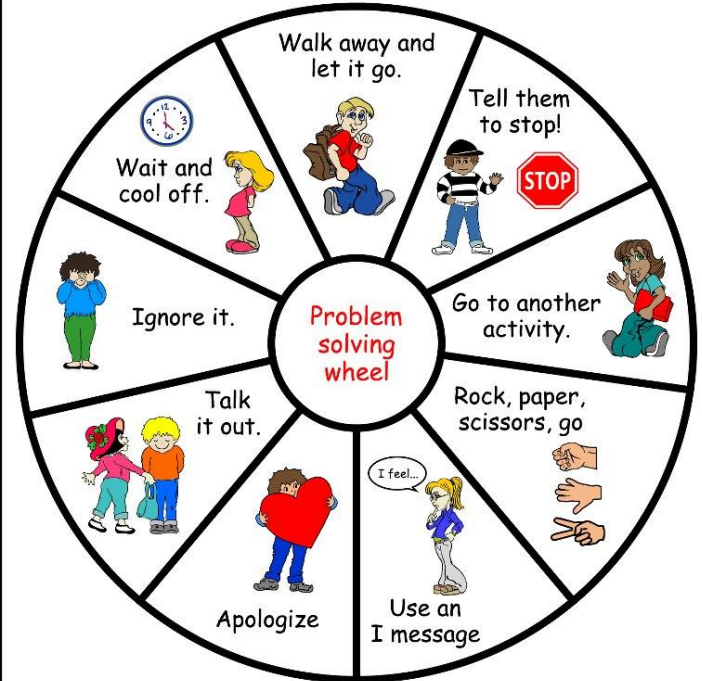
# Problem Solving Techniques

- Posters to Support Problem Solving -

<p>get help</p> 	<p>play with someone new</p> 	<p>ask</p> <p>Can I have one?</p> 	<p>share</p> 
<p>leave</p> 	<p>play together</p> 	<p>say "please stop"</p> 	<p>trade</p> 
<p>wait</p> 	<p>ignore</p> 	<p>say how you feel</p> <p>I feel sad</p> 	<p>take turns</p> 

Pocket of Preschool

# What can I do?




# students



# As models, How do we solve problems?



 **Rules for Fighting Fair**

**1** Identify the problem.

**2** Focus on the problem.

**3** Attack the problem, not the person.


**4** Listen with an open mind.

**5** Treat a person's feelings with respect.

**6** Take responsibility for your actions.

**Fouls**


- Name calling
- Blaming
- Sneering
- Not listening
- Getting even
- Bringing up the past
- Threats
- Pushing
- Hitting
- Put-downs
- Bossing
- Making excuses
- Not taking responsibility

  
Peace Through Education  
FOUNDATION

staff

RE-IMAGINE COMMUNICATION

# • Gratitude exercises and rewarding routines:



Sight and Sound Reading.com

G	ratitude	T	hank others
I	s	H	elp others
V	ery	A	ppreciate what you have
E	asy	N	otice your blessings
		K	now your gifts
		S	erve others

Teaching Gratitude  
for Early Readers

# WEEKLY ROUTINE (ON FRIDAY )

GRATITUDE POSTER: positive messages



✧  
Grown-ups never understand anything  
by themselves, and it is tiresome for  
children to be always and forever  
explaining things to them. ✧



✧  
*Drawing Number One*

Teachers should try to understand children. How? Listen to them!









RE-IMAGINE THE  
SPACE

<http://painfantil.blogspot.ca/2017/06/asi-es-el-aula-de-cesar-bona.html>

links

<http://www.ayudaparamaestros.com/2017/07/10-ideas-geniales-para-hacer-con-tus.html>

<http://www.orientacionandujar.es/2017/06/26/fantasticos-cuadernos-curso-trabajar-la-inteligencia-emocional-desarrollo-personal-tercer-ciclo-primaria/>

COLOURED HAT	THINK OF	DETAILED DESCRIPTION
	<b><i>White paper</i></b>	The white hat is about data and information. It is used to record information that is currently available and to identify further information that may be needed.
	<b><i>Fire and warmth</i></b>	The red hat is associated with feelings, intuition, and emotion. The red hat allows people to put forward feelings without justification or prejudice.
	<b><i>Sunshine</i></b>	The yellow hat is for a positive view of things. It looks for benefits in a situation. This hat encourages a positive view even in people who are always critical.
	<b><i>A stern judge</i></b>	The black hat relates to caution. It is used for critical judgement. Sometimes it is easy to overuse the black hat.
	<b><i>Vegetation and rich growth</i></b>	The green hat is for creative thinking and generating new ideas. This is your creative thinking cap.
	<b><i>The sky and overview</i></b>	The blue hat is about process control. It is used for thinking about thinking. The blue hat asks for summaries, conclusions and decisions.

<http://laboratorioeureka.blogspot.ca/2014/12/edward-de-bono-6-sombreros-para-pensar.html>

Make the difference....



SUPERCALIFRAGILISTICOESPIALIDOSO



**Thanks Comunidad de Madrid for this opportunity.  
Thanks SFU teachers for sharing these three weeks  
and your knowledge with us.  
Thanks Spanish teachers, I learned a lot whit you  
and I spent a great days.**