

Name _____ Date _____

4 Circle the correct words.

- a. When a muscle contracts, it gets **shorter** / **longer** and fatter.
- b. The **brain** / **spinal** cord controls motor movements.
- c. When the biceps contracts, it pulls the **ulna** / **radius** so the arm bends at the elbow.
- d. Muscles **send** / **receive** orders from the brain and spinal cord.

5 Label the parts of the knee joint. Then complete the sentences.

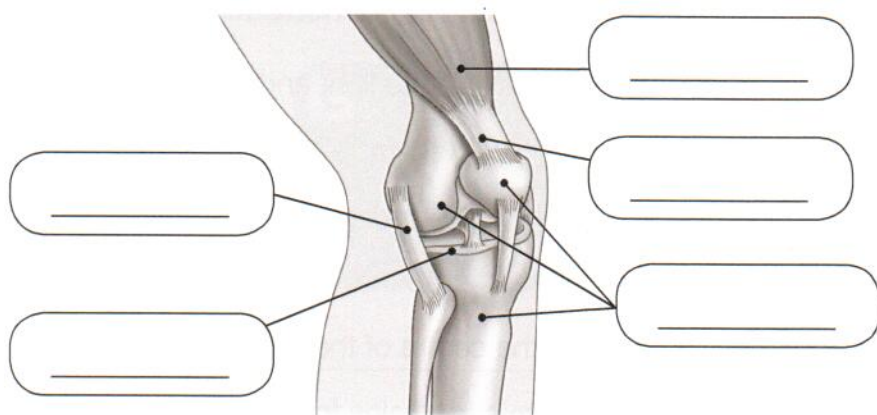
bones

muscle

cartilage

tendon

ligament



- a. Ligaments hold _____ and joints together.
- b. Tendons connect bones to _____.
- c. Cartilage stops our bones rubbing together inside the _____.

6 Complete the sentences about the nervous system.

- a. The central nervous system has two parts: the _____ and the _____.
- b. The peripheral nervous system consists of _____.
- c. The brain has three parts: the _____, the cerebellum and the _____.
- d. The spinal cord controls _____ movements.
- e. The _____ controls voluntary movements.
- f. The _____ receive messages from receptors in the sense organs.