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Sandwich

day

3rd November

When is it?



This popular snack

gets its day on

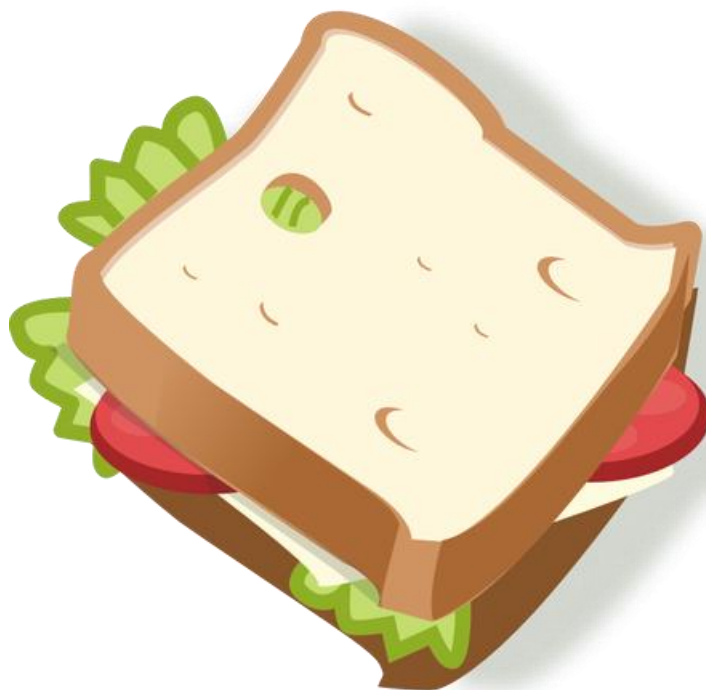
the 3rd of November

History

The creation and naming of the sandwich has been attributed to the 4th Earl of Sandwich, John Montagu. In 1762 the earl, who was fond of gambling, asked his cook to prepare him a meal that wouldn't require cutlery nor interfere with his 24 hour long gambling streak. The cook gave him sliced meat between two pieces of toast, which allowed the earl to have one hand free to continue his game.

What's a Sandwich?

According to the experts, a sandwich includes at least two slices of bread, and does not include burritos, tacos, and quesadillas, as they are typically made with a single tortilla.



Some figures

1762 — the year when the word ‘sandwich’ was first used by Edward Gibbon.

12 billion — the number of sandwiches consumed every year in the U.K.

5,440 pounds — the weight of the world’s largest sandwich.

£345 — the price of the most expensive sandwich ever, created by Chef Tom Bridge

1,500 — the number of PB&J sandwiches consumed by the average American before they graduate high school.

607 — the record for the most sandwiches prepared simultaneously, achieved by the British Sandwich Association (U.K.)

\$28,000 — the price of the most expensive sandwich ever sold, a grilled toast sandwich

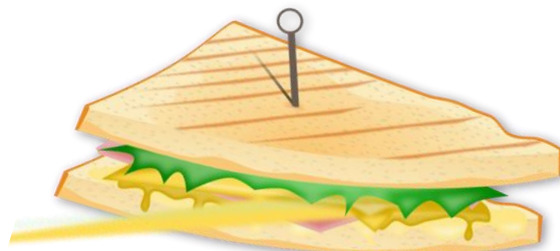


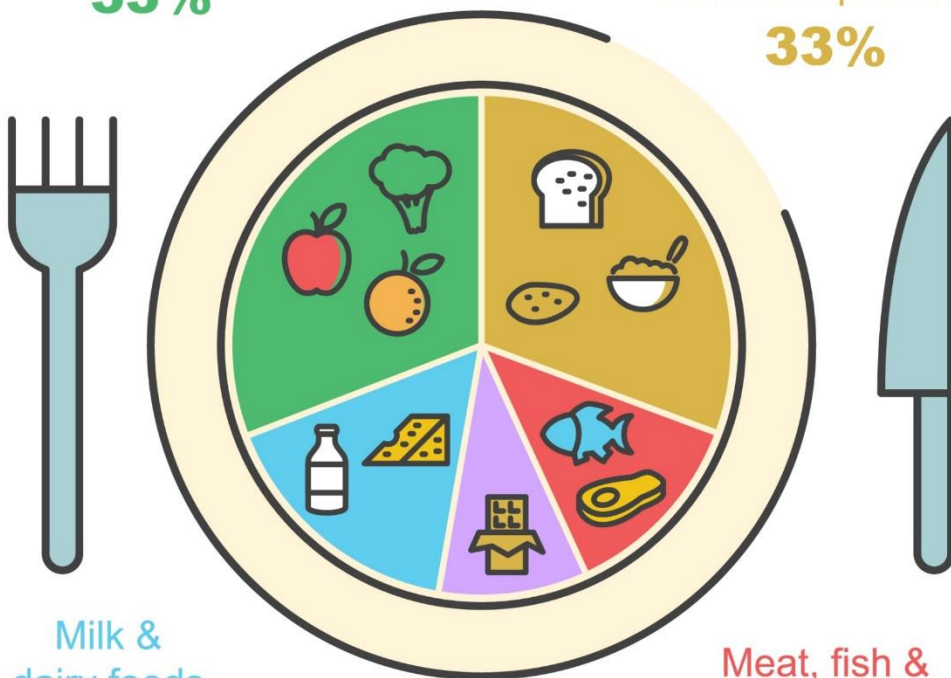
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What food groups can we find in a sandwich?

Fruit & vegetables
33%

Bread
cereals & potatoes
33%



Milk &
dairy foods
15%

Fatty &
sugary foods
7%

Meat, fish &
alternatives
12%

Can you
think of a...

crazy

sandwich?



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