

4° ESO



## BASEBALL

1. Describe in detail the main rules of baseball
2. Describe in detail the most important key facts about the batting action in baseball. Draw a picture of the batting position
3. Cite the defensive positions of a baseball team and place them on the field.



## PALADOS

3. Describes, with pictures, 10 exercises to improve your Palados skills

<https://www.youtube.com/watch?v=k2gqmPGRXfg&t=201s>

